



Citrus flavoured ice cubes

Ingredients (serves 2)

- 2 oranges
- 1 lemon
- A handful of fresh mint leaves
- 2 tbsp honey

Method

1. Grate the zest of two oranges and one lemon. Reserve.
2. Slice the citrus in half and juice.
3. Mix the juice with 2 teaspoons of honey.
4. Chop the mint very finely and add to the juice. Add the citrus zest.
5. Put the liquid into an ice tray and freeze.
6. When completely frozen, remove the cubes from the ice tray and serve.

Recommendations

Use ice cubes to cool a glass of water, lemonade, fruit juice or tea.