

2 teaspoons extra virgin olive oil

1 clove of garlic

Salt

Black pepper

Cold vegetable potato pie

Ingredients (serves 2)

235 g potato

40 ml milk

65 g tomato

30 g onion

25 g pepper

1 boiled egg

55 g carrot

65 g canned tuna

30 g lettuce

65 g mayonnaise

Method

- Peel the potatoes and cook in water with a little salt.
 Drain, mash with a fork, and season with salt and pepper.
 Add milk and mix. Set aside.
- 2. Cut the tomatoes in half and remove the seeds. Chop tomatoes and onion, carrot, garlic, and pepper. Sauté in a pan with the oil until well cooked and tender, adding a little water if necessary. Set aside.
- 3. Chop the boiled egg, add drained tuna, mayonnaise and mix well. Set aside.
- 4. Purée the lettuce with a tablespoon of water using an immersion blender, and then drain excess liquid. Mix lettuce with mayonnaise.
- 5. Using a ring mould, place a layer of potato first, then a layer of sauteed vegetables, followed by a layer of the egg and tuna mixture, and then another layer of potato. Top off with a layer of lettuce as a garnish. Remove mould and serve.