



Fruit Mille Feuille

Ingredients (serves 1)

- 1/2 green apple
- 1 orange
- 1 handful of strawberries

Method

1. Cut orange in half. Juice one half of the orange and set it aside. Slice the other half.
2. Wash and thinly slice the apple. Remove seeds.
3. Wash and clean strawberries Use an immersion blender to blend strawberries with orange juice.
4. Build the mille feuille on a plate by alternating layers of apple and orange slices.
5. Drizzle with strawberry sauce.