



Melon -Fig-Peach dessert

Ingredients (serves 1)

- 1 slice of melon
- 2-3 fresh figs
- 1 peach

Method

1. Remove melon rind and use a spoon to scoop out round balls of melon. Set aside. Put the rest of the melon in a blending container.
2. Peel figs and peach. Chop and add to container and blend.
3. Pour the blended mixture into a wide container and put in freezer.
4. Once frozen, remove from freezer and let sit at room temperature for a few minutes. Pierce and crush with a fork to create a slushy texture.
5. Serve slushy mixture with melon balls on top.