oncoalícia



Melon granita

Ingredients (serves 1)

1⁄4 cantaloupe melon

Mint

Method

1. Peel and cut the melon into big slices.

2. Put in a tall container and blend to form a soup-like texture.

3. Put in a wide container and freeze.

4. Remove the container from the freezer five minutes before eating to soften the ice.

5. Use a fork to break up the ice into smaller crystals to a slushy or shaved ice consistency.

6. Put a few mint leaves on top and serve.

Recommendations

After removing the pulp, freeze the skin, and use later to serve the granita on top.



Fundació Catalunya La Pedrero